

University Cheer Air Force, Inc. Participant Information Sheet 2008-2009

Air Force Registration Form

MOTHER'S NAME: _____ BILLING ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____ HOME PHONE: () _____
MOTHER'S SS#: _____ MOTHER'S EMAIL ADDRESS: _____
MOTHER'S CELL PHONE: () _____ WK PHONE: () _____
FATHER'S NAME: _____ CELL PHONE: () _____ WK PHONE: () _____
STUDENT'S NAME: _____ CELL PHONE: () _____
EMAIL ADDRESS: _____ GRADE (2008-09): _____ BIRTHDATE: _____ AGE AS OF MAY 31, 2008 _____
T-SHIRT SIZE: YS YM YL AS AM AL AXL SPORTS BRA SIZE: YS YM YL AS AM AL AXL SHORT SIZE: YS YM YL AS AM AL AXL

Medical Release Form

I certify that _____ is physically capable and able to fulfill requirements needed to be a cheerleader. I understand that this form legally releases all obligations and responsibilities for the medical treatment of my son/ daughter in the event of illness or injury during any squad related activity when a parent cannot be reached. If there is any physical or medical reason why he/she should not participate fully, University Cheer Air Force, Inc. requires a doctor's release. Furthermore, University Cheer Air Force, Inc. is not liable for any injury incurred during cheerleading.

Parent(s)
Signature: _____ Date: _____

Medical Treatment Permission Form:

In the event of an emergency occurring while my son/daughter is at a University Cheer Air Force, Inc. sponsored practice, performance, competition, or trip, I grant my permission to University Cheer Air Force, Inc. and its employees to take whatever action necessary. In the event that I cannot be reached, I hereby authorize University Cheer Air Force, Inc. and/or its employees to give consent for my son/daughter to receive medical treatment.

Other Emergency Contact Information:

Name: _____ Phone: _____

Family Doctor: _____ Phone: _____

If you do not grant permission or authorization for consent to medical treatment, what procedure should be followed?

Insurance Company: _____ Policy Number: _____

Medical Information: (Please circle)

Heart Condition or disease	Yes	No	Allergic to insect stings	Yes	No
Diabetes	Yes	No	Allergic to medication	Yes	No
Convulsions disorder	Yes	No	Asthma	Yes	No

Please list any current medication taken on a daily basis and/or any other medical information: _____

Parent Signature _____ Date: _____

Inherent Risks of Cheerleading

Cheerleading is reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Cheerleading is an anaerobic/aerobic activity which includes, but not limited to, jumping, stunting, motions, and tumbling. University Cheer Air Force, Inc. strongly recommends each student undergoes a physical examination by his/her physician before beginning any cheerleading activities. Each student must inform their coach of all injuries and/or chronic conditions.

Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. Injuries that can occur in cheerleading include, but are not limited to, the following: blisters, muscle strains, ligament sprains, joint and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.

Make sure you consistently abide by the following guidelines:

1. NEVER stunt or tumble unless a coach or coach's designee is present.
2. Always practice in the presence of a qualified coach.
3. Always warm-up appropriately before cheering (practice and competitions.)
4. Do not attempt a stunt that you do not know how to perform safely.
5. Always use attentive spotters when learning to stunt.
6. Always cheer in an area free from obstruction.
7. Do not stunt on uneven ground, wet surfaces or concrete.
8. Never talk, laugh, or mess around when performing a stunt.
9. Report all injuries to the coach as soon as they occur.
10. Follow all trainer and doctor recommendations.
11. Always wear shoes and clothing appropriate for cheerleading.
12. Never wear jewelry of any kind when cheering (practice and competitions.)
13. Never chew gum or candy while cheering (practice and competitions.)
14. Always have your hair secured away from face and shoulders.
15. Eat nutritious meals and get plenty of rest.
16. Always ask for assistance or advice at any time.

I have read the preceding warning. I thoroughly appreciate and understand the assumption of risks inherent in cheerleading participation. I acknowledge that my child is physically fit and voluntarily participating in this activity.

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____

2008-2009 Account Payment Information

PERSON RESPONSIBLE FOR PAYMENT _____ STUDENT NAME(S) _____

RELATIONSHIP _____ BILLING ADDRESS _____

CITY _____ STATE: _____ ZIP: _____

MONTHLY PAYMENT OPTIONS (CIRCLE ONE):

CASH (TUITION PAID 6 MONTHS IN ADVANCE – DUE MAY 1ST AND NOVEMBER 1ST 2008)

CREDIT CARD / DEBIT CARD / CHECK CARD – ALL FEES BILLED WHEN DUE TO CARD ON FILE

CREDIT CARD / DEBIT CARD / CHECK CARD – MONTHLY TUITION ONLY (UNLESS ACCOUNT BECOMES DELIQUENT)

CARD TYPE: _____

CARD NUMBER: _____ EXP: _____

CHECK CARD / CREDIT CARD AUTHORIZATION & PAYMENT AGREEMENT:

I authorize University Cheer Air Force, Inc. to begin drafting funds on the 1st of each month beginning in May of 2008 and ending in April of 2009 from my account with the financial institution named above for monthly tuition fees. Initial _____

A valid credit card number must be given at the time of registration regardless of preferred payment method. I understand that the card will not be charged automatically if other payment option is selected. However, if at any point my account exceeds a balance of \$250.00 that is over 30 days past due, I understand that the given card is subject to charges and fees for services rendered. I also understand that my account must have a zero balance by March 15th 2009; otherwise my card may be subject to charges for remaining balance.

TYPE: _____ CARD NUMBER: _____ EXP: _____

I also understand that I may discontinue participating in the University Cheer Air Force All Star Cheerleading program by sending a 30 day written request to University Cheer Air Force, Inc. This written request must be mailed to P.O. Box 34860, Houston, Texas 77234. I will be responsible for monthly tuition payments for the current month and one month following the last date of attendance or the following month after drop notice has been received (which ever is later) as well as any billed fees prior to the drop date.

I have read and understand the financial obligations and tuition policies in the 2008-2009 University Cheer Air Force All Star Cheerleading Information booklet.

Card Holder Signature: _____ Date: _____

Material, Uniform & Property Rights Agreement

1. University Cheer Air Force, Inc. Material Agreement:
As a member of University Cheer Air Force All Star Cheerleading Program, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose, to anyone outside the University Cheer Air Force All Star Cheerleading Program. All material is owned by University Cheer Air Force, Inc. and may not be reproduced or taught in any manner without prior written consent from University Cheer Air Force, Inc. Anyone violating this agreement may be expelled immediately from the University Cheer Air Force All Star Cheerleading Program.
2. University Cheer Air Force, Inc. Uniform Agreement:
Any and all parts of the University Cheer Air Force All Star Cheerleading Program uniform may only be worn during specific and official University Cheer Air Force All Star Cheerleading Program activities. The uniform may not be worn for any other activity without prior written consent from University Cheer Air Force, Inc. No part of the uniform may be loaned to any person that is not a current member of the program.
3. University Cheer Air Force, Inc. Property Rights Agreement:
No University Cheer Air Force, Inc. or University Cheer Air Force All Star Cheerleading Program related items may be sold without prior written consent from University Cheer Air Force, Inc. The company name and its entity are solely owned by University Cheer Air Force, Inc. Any violation of this agreement may result in legal action.

I have read and understand the University Cheer Air Force, Inc. Material Agreement, Uniform Agreement, and Property Rights Agreement, and will adhere and abide by these agreements.

Parent Signature _____ Date: _____

Athlete Signature _____ Date: _____

2008-2009 Team Member Agreement

1. I understand the time commitment necessary to be a part of the University Cheer All Star program. I understand that this commitment begins in May of 2008 and ends in April of 2009.
2. I will arrive at University Cheer events "fully dressed." I will keep my skirt buttoned and zipped at all times.
3. I will not wear any jewelry to UC practices, performances or events. I will not have anything pierced between May of 2008 and April of 2009.
4. I will only wear UC uniform pieces and practice attire at a UC scheduled event.
5. I will always practice and perform in my designated cheerleading shoes.
6. I will always wear the designated practice wear on the designated days of practice.
7. I will keep my uniform, practice wear, and shoes clean for all UC events.
8. I will practice at home and on my own to help my team succeed.
9. I will represent the UC community with class and good sportsmanship.
10. I will not use foul language or behave inappropriately.
11. I will support the other UC teams at practices, at UC events and during their performances.
12. I will stay with my team throughout competition day!
13. I will be humble about my abilities and respect other talent in the industry.
14. I will treat my teammates, coaches, and team carriers with respect at all times.
15. I will always attend UC regular and mandatory extra practices. I understand that my team depends on me and will not miss due to illness, homework, my personal job, and other non emergency situations.
16. I will notify my head instructor personally if I miss a practice due to an emergency. In addition, I will make it my responsibility to learn any choreography or material missed before the next practice.
17. I will keep my head coach personally informed of any injuries that I have that could prevent me from participating at a practice or event.
18. I will personally discuss any problems I have with my head coach.
19. I will not place blame of a bad performance or missed stunt on any of my teammates.
20. I understand that it is the team as a whole that succeeds together and fails together.
21. I understand that if I break any of the Air Force Team member guidelines as outlined in this agreement, I could lose my right to perform and/or lose my position as an Air Force cheerleader. Under these circumstances, I will not be entitled to any refunds.

Athlete Signature: _____ Date: _____
Parent Signature: _____ Date: _____

Parent Agreement

It's funny that we have more parent guidelines than team member guidelines. Most of our parents appreciate the guidelines and treat them with respect. In fact, 95% of our current member's parents never have any issues with our guidelines. They also appreciate the fact that we do not allow "parent politics" in our gym. We are reasonable, but our athletes, the UC overall reputation, and pride in our name are the driving force behind our rules and regulations.

1. I am aware of the time commitment necessary for my child to participate in the University Cheer Air Force All Star Cheerleading Program.
2. I will be sure that my child attends all regularly scheduled practices from May of 2008 through April of 2009. In addition I will be sure that my child is available to attend extra practices the weekend prior to and the week of any University Cheer performance or event.
3. I understand that all coaching decisions are made by the University Cheer Air Force coaching staff and I fully support those decisions.
4. I will not interfere with the coaching of UC teams at practices or performances.
5. I understand that I am not allowed in the coaching area (gym or practice facility) during a team practice or discussion. I am aware that this includes pre-warm-up, warm-up, & team discussions at competitions.
6. I understand that the parent area is available for parents to watch the progress of UC practices. I will only speak positively about the program and/or coaches. In addition, I will not comment or give my opinion regarding any UC athlete, the practice, or the routine.
7. I will respect the UC facility as an athletic training center. I will constantly supervise any child or children that I bring to the gym. I will not allow my child in the offices, behind the front desk, or in the staff room / kitchen area.
8. I understand that shoes must be worn in the parent area and practice facility. This includes any child or children that I bring to the gym.
9. If I have a problem concerning the coaching of my child I will personally direct my issue to my head coach away from the gym, practice site, performance, or UC event. I will not discuss my personal coaching issues with other parents within the program or my child.
10. I will openly express my concerns freely with my head instructor regarding my child. I understand that voicing these concerns will not affect the coaching of my child or his/her squad placement.
11. I will not approach competition judges or officials at any event. I understand that competition judging is subjective and I may not agree with the outcome of judging scores. I am aware that my opinion of a performance may differ from the opinions of the judges.
12. I understand that the UC name will not carry my child or his/her team. I understand that the season will have it's ups and downs. I will support my child, his/her team, the UC coaches, and the entire program through the great achievements and the minor setbacks. I am aware that challenges will make the team, and ultimately my child, better.
13. I will direct my complaints, problems, and sensitive issues regarding the coaches and program directly to Nicole Leago via email (UCNDAirForce@aol.com or Nicole@universitycheer.com).
14. I will represent the Air Force program at competitions and events with good sportsmanship. I will only speak positively about the UC program as well as UC competitors.
15. I will not place blame of a weak performance or missed skill in a routine on my child or any other Air Force athlete. I understand that my child's team succeeds together and fails together.
16. I will respect the duties of the University Cheer Air Force staff. I will not approach them at any UC event in a negative manner.
17. I will be responsible for all fees associated with my child being a part of University Cheer. These fees include but are not limited to monthly tuition, uniform and equipment, summer camp, competition entry fees, registration fees, and travel expenses.
18. I understand that my account must be cleared at a -0- balance 10 working days prior to an event in order for my child to perform. I am aware that University Cheer may prevent my daughter from performing and/or remove him/her from the team if my account is not up to date. Under these circumstances, I will not be entitled to a refund of any fees charged by University Cheer.
19. I understand that I must carry a -0- balance with University Cheer in order to sign my child up for private lessons.
20. I understand that University Cheer requires a one month's advance notice in writing if my child decides to leave the program **for any reason**. I am aware that written notices must be mailed to **P.O. Box 34860, Houston, Texas 77234**. I understand that emailed, faxed, or hand-written dropped off notes are not considered a formal notice in writing. Under these circumstances, I will be responsible for monthly tuition payments for the current month and one month following the last date of attendance or the following month after drop notice has been received (which ever is later) as well as any billed fees prior to the drop date. In addition, I am not entitled to a refund and will still be responsible for any fees previously billed or collected including, but not limited to competition fees, travel expenses, pre-paid monthly tuition, registration fees, uniform fees, equipment, spirit wear, or practice clothing.
21. I am aware that when traveling out of town as a member of the UC all star cheerleading program my child will be required to stay in UC designated hotels. If bus transportation is provided by UC my child will be required to travel on the bus with the team.
22. I will be responsible for the transportation of my child to and from all UC events, practices, and performances. I agree to have my child at UC events, practices, and performances on time and dressed appropriately.
23. I will not take my child from a UC event, practice, performance, or competition until he/she is released by the UC head coach or carrier.
24. I will be flexible regarding the events that UC attends. I understand that schedules will be given out with little notice and schedules for events may change.
25. I give my permission to University Cheer Air Force, to use my child's picture for promotional and advertising purposes.
26. I give University Cheer Air Force, Inc. my permission to provide my address, phone number, and contact information to other team members within the UC program.
27. I am aware that University Cheer strongly believes in the benefit of its students getting to know athletes from other areas, different races, and other cultures. I support University Cheer Air Force in its decision to not discriminate against its students based on race, background, or religion preferences.
28. I understand that the staff encourages its athletes to pray and be thankful for the gifts in their life at all UC events. The UC prayers are not specific to any particular religion and I support my child in participating in such prayers.
29. I have read and understand the University Cheer information packet and agree to all the terms and conditions therein.
30. I understand that if I break any of the rules as outlined in this agreement and information booklet, I may be asked to drop off and pick up my child to and from events and/or practices. In other words UC will put me on "drive by" status. If I am put on "drive by" status by the University Cheer staff, my child may remain a member of University Cheer, but I will not be allowed to attend UC practices, events, or competitions. In severe cases of agreement violation, University Cheer has the right to remove my child from a performance or team. Under these circumstances I forfeit my right to any refund of monies collected by University Cheer Air Force, Inc. including, but not limited to competition fees, travel expenses, pre-paid monthly tuition, registration fees, uniform fees, equipment, spirit wear, and/or practice clothing.

Parent Signature: _____ Date: _____

Please Print Athlete's Name: _____

2008-2009 Tryout Form

STUDENT'S NAME: _____ AGE AS OF MAY 31, 2008 _____

CELL PHONE: () _____ EMAIL ADDRESS: _____ GRADE (2008-09): _____ BIRTHDATE: _____

MOTHER'S NAME: _____ MOTHER'S EMAIL ADDRESS: _____

SCHHOL: _____ HOME PHONE: () _____ MOTHER'S CELL PHONE: () _____

University Cheer Air Force, Inc. Cheerleader Questionnaire

The following questionnaire will help us get to know new members as well as understand returning members' goals for the next season. Please answer honestly.

Have you cheered with UC in the past? _____ Team: _____ If no, have you ever been a member of another competitive cheer squad? _____ If yes, what was the name of the gym? _____

How many years have you competed with UC or another program? _____ What levels have you competed at with cheerleading? (i.e.: Little league, Junior All Star, Senior Prep All Star, etc.) _____

Have you ever competed individually in cheerleading? _____ If yes, what divisions and at which competitions? _____

What is the highest level of standing tumbling you have mastered? (i.e.: Standing Back Handspring, Standing Back Tuck, etc.)? Remember a skill is not mastered unless it can be executed with shoes, without a spotter, on spring floor 5 out of 5 times. _____

What is the highest level of running tumbling you have mastered? (i.e.: Round-off Back Handspring, Round-off Back Handspring Back Tuck, etc.): _____

What other experience do you have related to cheerleading (gymnastics, dance, classes, privates, etc.)? _____

Do you have any conflicts with Monday – Thursday practice times? _____

Will you have any conflicts during the Months of November – March of next year? (please explain) _____

(OFFICE USE ONLY)

Jumps: _____

Tumbling: _____

Experience: _____

Stunting: _____

Comments: _____

Age Division: _____ Recommended Level: _____